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## Water self-diffusion behavior in yeast cells studied by pulsed field gradient NMR

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### Abstract

The water self-diffusion behavior in yeast cell water suspension was investigated by pulsed field gradient NMR techniques. Three types of water were detected, which differ according to the self-diffusion coefficients: bulk water, extracellular and intracellular water. Intracellular and extracellular water self-diffusion was restricted; the sizes of restriction regions were approximately 3 and 15–20  $\mu\text{m}$ , respectively. The smallest restriction size was determined as inner cell size. This size and also cell permeability varied with the growth phase of yeast cell. Cell size increased, but permeability decreased with increasing growth time. The values of cell permeabilities  $P_1^{\text{d}}$  obtained from time dependence of water self-diffusion coefficient were in good agreement with the permeabilities obtained from the exchange rate constants  $P_1^{\text{eff}}$ . The values of  $P_1^{\text{eff}}$  were  $7 \times 10^{-6}$ ,  $1.2 \times 10^{-6}$  and  $1.6 \times 10^{-6}$  m/s, and  $P_1^{\text{d}}$  were  $6.3 \times 10^{-6}$ ,  $8.4 \times 10^{-7}$ ,  $1.5 \times 10^{-6}$  m/s for yeast cells incubated for 9 h (exponential growth phase), 24 h (end of exponential growth phase), and 48 h (stationary growth phase), respectively.

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### 1. Introduction

Water transport in biological systems is important for cellular physiological reactions, osmotic pressure of tissue and drying process of biological materials. Transport of water in cellular system occurs either by osmotic gradient or by self-diffusional processes [1]. Osmotic water flow can

be measured by monitoring changes in light scattering [2] of cell in concentration-dependent manner by fluorescence microscopy or by cell turgor pressure [3]. For diffusional water permeability, pulsed field gradient NMR (PFG-NMR) spectroscopy has become the method of choice due to its remarkable sensitivity to molecular displacements in the range of 10 nm–100  $\mu\text{m}$  and to its non-invasive character [4,5].

Recently, Benga et al. [6,7] measured the diffusional water permeability of red blood cells from

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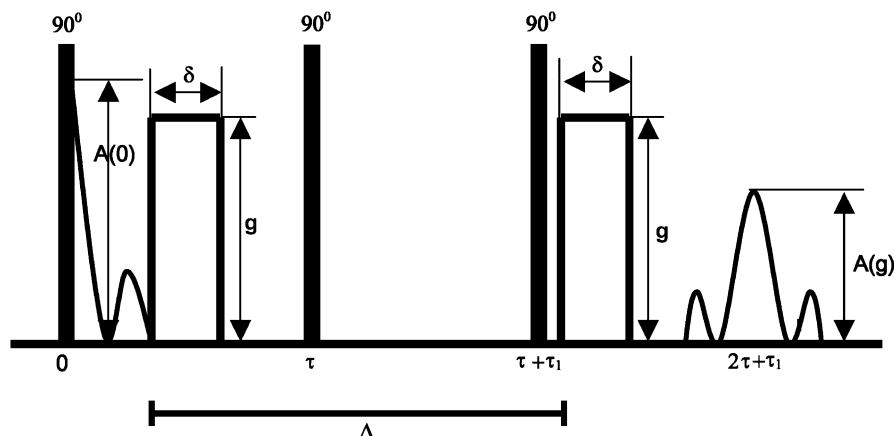


Fig. 1. Stimulated echo pulse sequence with the magnetic field gradient pulses. Here  $\tau$  is the time interval between the first and second RF pulses,  $\tau_1$  is the time interval between the second and the third ones.  $\Delta$  is the interval between the gradient pulses,  $\delta$  is duration of the magnetic field gradient pulses,  $g$  is the amplitude of the gradient pulse. The gradient pulse is rectangular and oriented along the Z axis.

different species of animals including man by using PFG-NMR, and Waldeck et al. [8] studied the effects of cholesterol on transmembrane water diffusion in human erythrocytes by the same method. Self-diffusion of water and oil in peanuts [9], and diffusion coefficient of bound water in cotton fiber and plant tissue [10] were measured by spin-echo nuclear magnetic resonance technique. Schoberth et al. [11] measured the diffusional water permeability in *Corynebacterium glutamicum* by using home-built PFG-NMR spectrometer at a proton resonance frequency of 400 MHz with maximum field gradient amplitude of 24 T/m. With this equipment, they could reduce the observation time to less than 1 ms, which enables the measurement of self-diffusion coefficient of water in a compartment as small as a bacterial cell.

The metabolic rate and biochemical reaction in yeast cell varies with the age and environmental conditions of growth. The cell wall lysis of a thermosensitive yeast mutants is only a phenotype during the exponential growth phase [12] and the nicotinamidase activity is stimulated during the stationary growth phase by hyperosmotic shocks and ethanol treatment [13]. Also, the metabolic rate of the living cells is related to the material

transport in and out of the cell and thereby could influence the permeability of the cell wall.

In the present study, we measured the self-diffusion coefficient of water in yeast cells of different growing phases by using PFG-NMR. The diffusional water permeability was estimated from the time dependence of the self-diffusion coefficient and was compared with values estimated from electron microscopy and the time dependence of compartment populations. Average cell size was estimated from the time-dependent diffusion data and was compared with electron microscopy.

The main purpose of this investigation was to understand details of yeast cell water permeability and intracellular and extracellular water molecules exchange phenomena during the process of yeast cultivation.

## 2. Experimental

### 2.1. Sample preparation

The yeast strain *Saccharomyces cerevisiae* was previously isolated from Korean rice-beer, *Takju* [14]. The activated yeast was grown in YM broth

(Difco, USA) in a shaking incubator at 27 °C. The growth curve of yeast was obtained by measuring the optical density at 600 nm of the cultivation broth. A typical sigmoid type curve obtained consisted of induction lag phase, exponential growth phase and stationary growth phase. Three types of yeast cells were investigated, the cells harvested at 9 h of incubation (MGP, mid exponential growth phase), at 24 h (EGP, end of exponential growth phase), and at 48 h (SGP, stationary growth phase), respectively. The harvested cells were centrifuged to obtain yeast pellet. It was washed 3 times with 0.1 M phosphate buffer (pH 7.0). The dry weight fraction of the pellet was  $192.0 \pm 3.4$  mg/g, which was equivalent to 80.8% moisture content.

## 2.2. PFG-NMR measurement

The yeast pellet was filled in 5 mm (external diameter) NMR tube (Series 300, Aldrich Chemical, USA). The self-diffusion coefficient measurements were carried out on our home-built PFG-NMR machine, which was constructed at Center for Advanced Food Science and Technology (CAFST), Graduate School of Biotechnology, Korea University, Seoul, by Prof. Vladimir Skirda from Department of Molecular Physics, Kazan State University, Kazan, Russia. The NMR frequency for protons was 63 MHz, and the maximum field gradient amplitude was 50 T/m. The interval between magnetic field gradient pulses can vary from 2 ms to 2 s, and the duration time ( $\delta$ ) of magnetic field gradient pulse from 20  $\mu$ s to 5 ms. The temperature of measurement was  $30.0 \pm 0.5$  °C.

The details of PFG-NMR have been previously described in numerous references [4,5,15–18]. In our measurement we used stimulated spin-echo sequence with the magnetic field gradient pulse. This sequence is shown in Fig. 1. For molecules undergoing unhindered isotropic Brownian motion, the evolution of spin-echo amplitude is described by the following equation

$$A(2\tau, \tau_1, g) = A(2\tau, \tau_1, 0) \exp(-\gamma^2 g^2 \delta^2 t_d D_s) \quad (1)$$

where  $\gamma$  is the gyromagnetic or magnetogyric ratio,  $t_d = \Delta - \delta/3$  is the diffusion time,  $D_s$  is the self-diffusion coefficient, and  $\tau$ ,  $\tau_1$  and  $g$  are shown in Fig. 1.  $A(2\tau, \tau_1, 0)$  is expressed by the equation

$$A(2\tau, \tau_1, 0) = \frac{A(0)}{2} \exp\left(-\frac{2\tau}{T_2} - \frac{\tau_1}{T_1}\right) \quad (2)$$

where  $A(0)$  is the amplitude of the signal after the first radio frequency (RF) pulse (Fig. 1).  $T_1$  and  $T_2$  are the spin–lattice and spin–spin relaxation time, respectively.

During the measurement of the echo signal amplitude evolution,  $\tau$  and  $\tau_1$  are fixed, and only the dependence of  $A$  on  $g$ , the so-called diffusional decay is analyzed. The diffusional decay is expressed by the following equation

$$A(g) = \frac{A(2\tau, \tau_1, g)}{A(2\tau, \tau_1, 0)} = \exp(-\gamma^2 g^2 \delta^2 t_d D_s) \quad (3)$$

For our PFG-NMR machine, the maximum values of  $g$  and  $\delta$  are 50 T/m and  $5 \times 10^{-3}$  s, respectively. It allows the measurement of the diffusion coefficient from  $10^{-8}$  to  $10^{-15}$  m<sup>2</sup>/s and to observe diffusional decay change in three orders of magnitude. The latter is very important when this decay is non-exponential. In the case of non-exponential decays, the experimental curve  $A(g)$  is usually decomposed on the exponential components, which is described by Eq. (3). For the multi-compartment system, it consists of  $m$ -compartments (phases) in the case of slow (compare to  $t_d$ ) molecular exchange between these  $m$ -compartments.

$$A(g) = \sum_{i=1}^m p'_i \exp(-\gamma^2 g^2 \delta^2 t_d D_{si}) \quad (4)$$

where  $D_{si}$  is the self-diffusion coefficient of  $i$ th component and

$$p'_i = p_i \exp\left(\frac{-2\tau}{T_{2i}} - \frac{\tau_1}{T_{1i}}\right) / \sum_{i=1}^m p_i \exp\left(\frac{-2\tau}{T_{2i}} - \frac{\tau_1}{T_{1i}}\right) \sum_{i=1}^m p_i = 1 \quad (5)$$

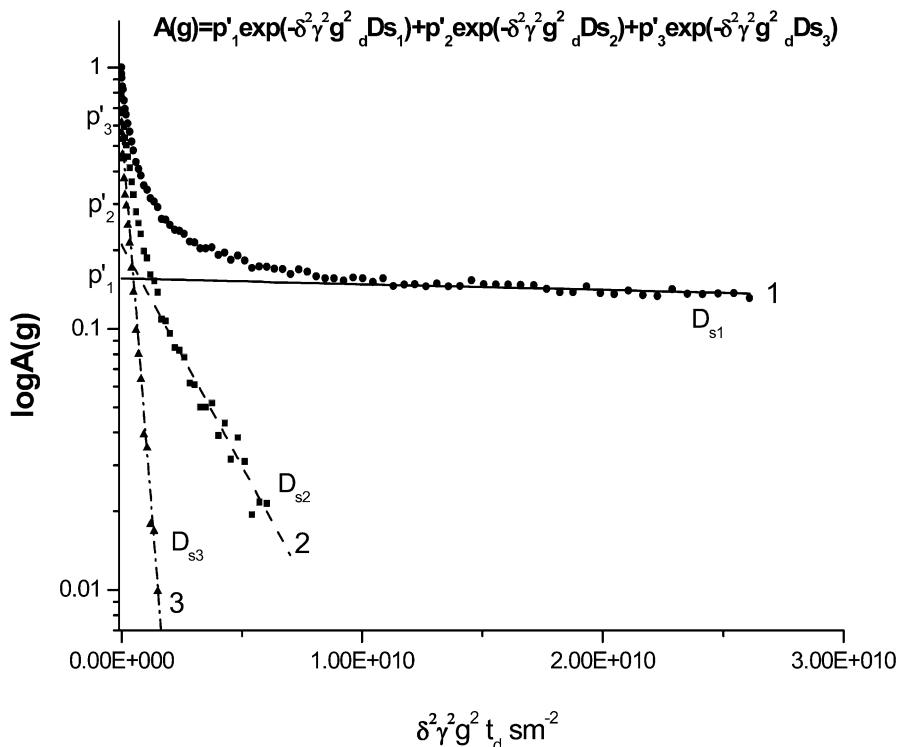


Fig. 2. The diffusional decay of water molecules in yeast incubated for 24 h (circle dots).  $t_d = 400$  ms,  $\delta = 100$   $\mu$ s,  $g_{\max} = 9.65$  T/m. The accumulation number was 100. The procedures of decomposition of the original diffusional decay on three exponential components according to Eq. (4) are shown. Square and triangle dots are the result of successive subtraction of the theoretical solid-line 1 and dashed-line 2 from the original curve. Lines 1, 2 and dash-dotted-line 3 are theoretical exponential components characterized by  $p'_1$ ,  $D_{s1}$ ;  $p'_2$ ,  $D_{s2}$  and  $p'_3$ ,  $D_{s3}$ , respectively.  $p'_1 = 0.16$ ,  $D_{s1} = 5.0 \times 10^{-11}$  m<sup>2</sup>/s;  $p'_2 = 0.23$ ,  $D_{s2} = 3.8 \times 10^{-10}$  m<sup>2</sup>/s;  $p'_3 = 0.61$ ,  $D_{s3} = 2.6 \times 10^{-9}$  m<sup>2</sup>/s.

$p_i$  is the relative amount of nuclei that belongs to the molecules characterized by the self-diffusion coefficient  $D_{si}$ . The value  $p_i$  is usually called the population of  $i$ th phase. The details of the decomposition of  $A(g)$  into multiple exponential components have been previously described by several research groups [17–19]. Hence, for the long  $T_1$  and  $T_2$  values, it is usually deduced that  $p_i \approx p'_i$ .

### 2.3. Scanning electron microscope observation

The yeast pellets were washed several times with 0.1 M phosphate buffer (pH 7.0) and fixed in 2.5% glutaraldehyde at 4 °C and postfixed in 1% OsO<sub>4</sub> for 2 h at room temperature. After repeated washing with 0.1 M phosphate buffer (pH 7.0), the specimens were dehydrated in graded

ethanol (50%, 70%, 80%, 90%, 95% and absolute), dried in hexamethyldisilazane, and mounted on stubs. They were coated with gold using an ion sputtering coater (Eiko, IB-5, Japan) and observed with a scanning electron microscope (Hitachi, S-450, Japan) at an accelerating voltage of 15 kV.

### 3. Results and discussion

The typical diffusional decay of water molecules in yeast cells is shown in Fig. 2. This decay is decomposed into three exponential components, which are characterized by self-diffusion coefficients  $D_{s1}$ ,  $D_{s2}$ ,  $D_{s3}$  and populations  $p_1$ ,  $p_2$ ,  $p_3$ .  $D_{s3}$  was  $2.6 \times 10^{-9}$  m<sup>2</sup>/s and is equal to the bulk water self-diffusion coefficient at 30 °C, which was measured independently. The analysis of dif-

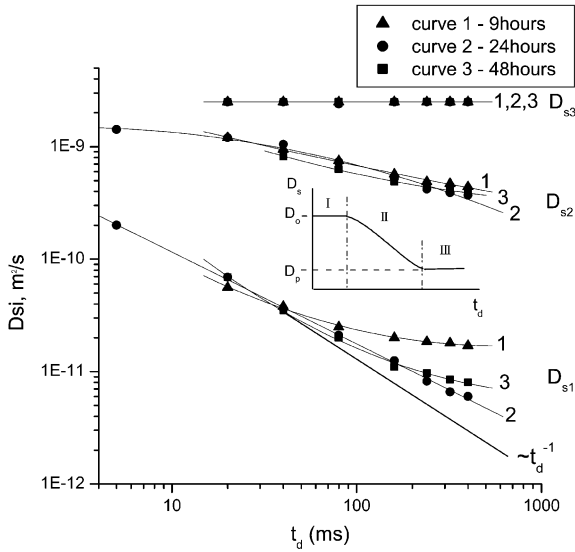


Fig. 3. The experimental dependences of water self-diffusion coefficients  $D_{s1}$ ,  $D_{s2}$  and  $D_{s3}$  on diffusion time  $t_d$  for the yeast harvested after 9 h (MGP), 24 h (EGP) and 48 h (SGP) incubation curves 1, 2 and 3, respectively. The straight solid line shows dependence  $D_s - t_d^{-1}$  for comparison. The insertion in figure is ideal dependence of self-diffusion coefficient on  $t_d$  in pore systems [10,20,21].

fusional decay curves at different diffusion time  $t_d$  showed that the value of populations,  $p_1$  and  $p_2$ , and self-diffusion coefficient  $D_{s1}$  and  $D_{s2}$  depend on  $t_d$ .

The dependences of self-diffusion coefficients  $D_{s1}$ ,  $D_{s2}$  and  $D_{s3}$  on diffusion time  $t_d$  are shown in Fig. 3. The values of  $D_{s1}$  and  $D_{s2}$  decreased with increasing diffusion time  $t_d$ , but  $D_{s3}$ , which is equal to bulk water self-diffusion coefficient at 30 °C was independent from  $t_d$ . The dependences  $D_{s1}(t_d)$  and  $D_{s2}(t_d)$  show the S-shape, which is typical for the restricted diffusion of water in pore system with permeable walls (insertion in Fig. 3). In the insertion of Fig. 3, the ideal dependence of self-diffusion coefficient  $D_s$  on  $t_d$  for the permeable pores is shown [10,20,21].  $D_0$  is non-restricted self-diffusion coefficient at  $t_d \rightarrow 0$  in region I, and  $D_p$  is hindered self-diffusion coefficient in region III, where the total average of intrapore diffusion is achieved due to the permeability of the pore wall [20,21].

$$\frac{1}{D_p} = \frac{1}{D_0} + \frac{1}{Pa} \quad (6)$$

where  $P$  is pore wall permeability, and is the restricted size, which can be determined from the  $D_s(t_d)$ . In the case of nonpermeable pores,  $D_s(t_d)$  is proportional to  $t_d^{-1}$  and value could be calculated from the Einstein equation

$$\langle a^2 \rangle = 6t_d D_s \quad (7)$$

In order to take into account the permeability effect, the restriction sizes  $a_1$  and  $a_2$  and permeabilities  $P_1$ , and  $P_2$  were estimated from  $D_{s1}(t_d)$  and  $D_{s2}(t_d)$  using the scaling approach developed by scientists [22,23], and was applied for interpretation of water self-diffusion in biological cells [9,10]. In this case the calculated dependences  $D_{s1}^{eff}(t_d)$  and  $D_{s2}^{eff}(t_d)$  which is proportional  $t_d^{-1}$  were analyzed, where

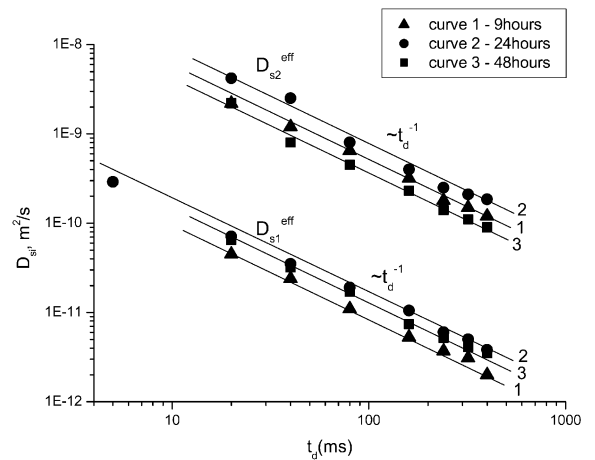


Fig. 4. The dependence of effective self-diffusion coefficient  $D_{s1}^{eff}$  and  $D_{s2}^{eff}$  on diffusion times  $t_d$  (calculated from  $D_{s1}(t_d)$  and  $D_{s2}(t_d)$  on Fig. 3, respectively using Eq. (8)). Yeast culture times were: 9 h—curve 1 ( $D_{01}=10^{-9}$  m<sup>2</sup>/s,  $D_{p1}=1.5 \times 10^{-11}$  m<sup>2</sup>/s and  $D_{02}=2 \times 10^{-9}$  m<sup>2</sup>/s,  $D_{p2}=3.5 \times 10^{-10}$  m<sup>2</sup>/s); 24 h—curve 2 ( $D_{01}=10^{-9}$  m<sup>2</sup>/s,  $D_{p1}=2.5 \times 10^{-12}$  m<sup>2</sup>/s and  $D_{02}=2 \times 10^{-9}$  m<sup>2</sup>/s,  $D_{p2}=2.2 \times 10^{-10}$  m<sup>2</sup>/s); 48 h—curve 3 ( $D_{01}=2 \times 10^{-9}$  m<sup>2</sup>/s,  $D_{p1}=4.5 \times 10^{-12}$  m<sup>2</sup>/s and  $D_{02}=2 \times 10^{-9}$  m<sup>2</sup>/s,  $D_{p2}=3.2 \times 10^{-10}$  m<sup>2</sup>/s). Solid lines show the dependences which are  $D_s^{eff} = A_i/t_d + B_i$ , where  $A_i$ ,  $B_i$  are determined by  $D_{0i}$ ,  $D_{pi}$  fitting values,  $i=1, 2$ .

Table 1

The values of yeast cell size  $a_1^n$  obtained from PFG-NMR, cell sizes  $a_1^{m,a}$  and volume-to-surface ratio  $V_1/S_1$  determined by electron microscopy, residence time  $\tau$ , exchange rate constant  $k_1$ , and cell wall permeability  $P_1^d$  determined from dependence  $D_{1s}(t_d)$ , and permeability  $P_1^{eff}$  calculated using  $k_1$  from  $p_1(t_d)$  and  $V_1/S_1$  from electron microscopic data

Incubation time (h)	$a_1^n$ ( $\mu\text{m}$ )	$a_1^{m,a}$ ( $\mu\text{m}$ )	$V_1/S_1$ (m)	$\tau$ (ms)	$k_1$ ( $\text{s}^{-1}$ )	$P_1^{eff}$ (m/s)	$P_1^d$ (m/s)
9	$2.3 \pm 0.2$	$4.1 \pm 1.0 = a$ $2.9 \pm 1.0 = b$ $3.5 \pm 1.0 = (a+b)/2$	$(1.7 \pm 0.3) \times 10^{-6}$	$240 \pm 25$	$4.2 \pm 0.4$	$(7.0 \pm 0.7) \times 10^{-6}$	$(6.3 \pm 0.6) \times 10^{-6}$
24	$3.0 \pm 0.2$	$4.9 \pm 0.5 = a$ $3.6 \pm 0.3 = b$ $4.2 \pm 0.4 = (a+b)/2$	$(5.4 \pm 0.5) \times 10^{-7}$	$450 \pm 40$	$2.2 \pm 0.2$	$(1.2 \pm 0.1) \times 10^{-6}$	$(8.4 \pm 0.8) \times 10^{-7}$
48	$2.7 \pm 0.2$	$4.4 \pm 0.8 = a$ $3.8 \pm 0.8 = b$ $4.1 \pm 0.8 = (a+b)/2$	$(7.3 \pm 0.7) \times 10^{-7}$	$400 \pm 40$	$2.5 \pm 0.3$	$(1.6 \pm 0.2) \times 10^{-6}$	$(1.5 \pm 0.2) \times 10^{-6}$

<sup>a</sup>  $a_1^m$  was calculated as average cell size  $(a+b)/2$ , where  $a$  is cell size in longitudinal direction,  $b$  is the cell size in transverse direction.

$$D_s^{\text{eff}} = \frac{[D_s(t_d) - D_p]D_0}{D_0 - D_s(t_d)} \quad (8)$$

At short  $t_d$ ,  $D_s(t_d) \rightarrow D_0 \gg D_p$  and

$$D_s^{\text{eff}} = \frac{D_s(t_d)D_0}{D_0 - D_s(t_d)} \quad (9)$$

at long  $t_d$ ,  $D_s(t_d) \rightarrow D_p$  and

$$D_s^{\text{eff}} = \frac{[D_s(t_d) - D_p]D_0}{D_0 - D_p} \quad (10)$$

Eqs. (9) and (10) are usually applied for effective self-diffusion coefficient calculations [9,10,22,23].  $D_0$  and  $D_p$  are the fitting parameters, which are varied in order  $D_s^{\text{eff}}$  to become propor-

tional to  $t_d^{-1}$ . From the linear dependence  $D_s^{\text{eff}}(t_d)$ , in which the slope is proportional to  $t_d^{-1}$ , the restricted size  $a$  is determined according to Eq. (7). The permeability was calculated from  $D_p$  value according to Eq. (6). The dependences of effective self-diffusion coefficients  $D_{s1}^{\text{eff}}$  and  $D_{s2}^{\text{eff}}$  on  $t_d$  are shown in Fig. 4.  $D_s^{\text{eff}}$  may be approximated by linear dependence on  $t_d^{-1}$ . The fitting values  $D_{01}$ ,  $D_{02}$  and  $D_{p1}$ ,  $D_{p2}$  are found in Fig. 4 and the calculated values  $a_1$ ,  $a_2$  and  $P_{1d}$ ,  $P_{2d}$  are shown in Tables 1 and 2.

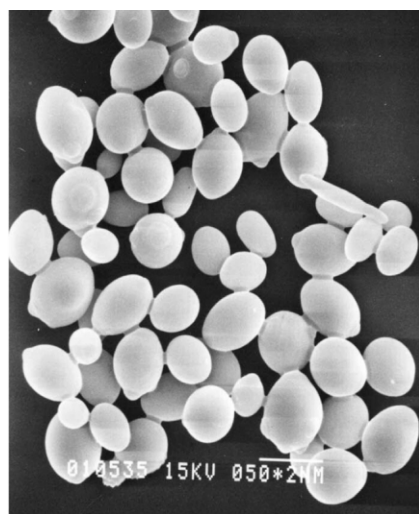
As shown in Table 1, assuming it is spherical shape of restriction, the sizes  $a_1^n$  were calculated from Einstein equation for isotropic diffusion. It was found to be approximately  $1\frac{1}{2}$  times less compared to the outer sizes of yeast cells  $a_1^m$ , measured by electron microscopy (Fig. 5).

The dependences of  $a_1^n$  and  $a_1^m$  on incubation time were consistent in both measurements. It is

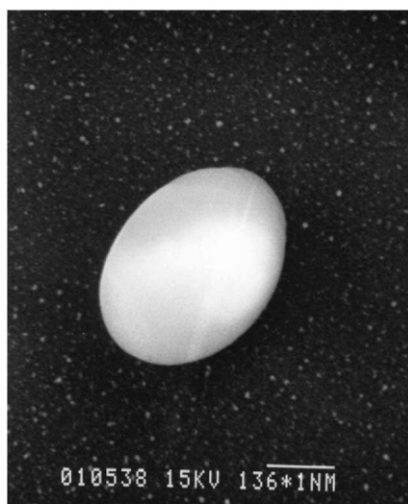
Table 2

The values of restricted sizes  $a_2$  estimated from PFG-NMR, characteristic exchange times  $\tau$ , exchange rate constant  $k_2$ , characteristic permeability  $P_2^{eff}$ , calculated from  $p_2(t_d)$  using  $k_2$  and volume-to-surface ratio, suggesting spherical shape of restricting region, and permeabilities  $P_2^d$  determined from dependence  $D_{s2}(t_d)$

Incubation time (h)	$a_2$ ( $\mu\text{m}$ )	$\tau$ (ms)	$k_2$ ( $\text{s}^{-1}$ )	$P_2^{eff}$ (m/s)	$P_2^d$ (m/s)
9	$17 \pm 3$	$450 \pm 80$	$2.2 \pm 0.4$	$(6.2 \pm 1.5) \times 10^{-6}$	$(2.5 \pm 0.5) \times 10^{-5}$
24	$20 \pm 3$	$450 \pm 80$	$2.2 \pm 0.4$	$(7.3 \pm 1.7) \times 10^{-6}$	$(1.2 \pm 0.3) \times 10^{-5}$
48	$15 \pm 3$	$470 \pm 100$	$2.1 \pm 0.6$	$(5.3 \pm 1.6) \times 10^{-6}$	$(2.5 \pm 0.5) \times 10^{-5}$



(a)



(b)

Fig. 5. SEM of *Saccharomyces cerevisiae* incubated for 48 h. Scale bar corresponds to (a) 5  $\mu\text{m}$  and (b) 1.36  $\mu\text{m}$ .

evident that the lowest self-diffusion coefficient  $D_{s1}$  described the water behavior in yeast cells and  $a_1^n$  the average inner size of yeast cells. From the comparison of  $a_1^n$  and  $a_1^m$  the cell wall thickness was estimated as approximately 0.5  $\mu\text{m}$ . The value  $a_1^n$  agreed well with other PFG-NMR self-diffusion measurements of yeast cell size. In earlier studies

it was also found that PFG-NMR sizes were less than those measured by electron microscopy [15].

The self-diffusion coefficient  $D_{s2}$ , which is approximately  $1.5 \times 10^{-9} \text{ m}^2/\text{s}$  at  $t_d \rightarrow 0$ , usually attributes to extracellular water diffusion. According to Waldeck et al. [5] and Schoberth et al. [11] extracellular water diffusion was obstructed. Water molecules move between cells in channels of infinite length. In this case, extracellular water self-diffusion coefficient is less compared to bulk water, but it is independent on diffusion time. In our case, the decreasing  $D_{s2}$  with increasing  $t_d$  was observed. The reasons of dependence of  $D_{s2}$  on  $t_d$  are discussed below.

Due to yeast cell walls permeability, there is molecular exchange between intracellular, extracellular and bulk water. In order to calculate water molecules residence time in the cell and the exchange rate constants, two compartments model, that implicit the exponential residence time distribution function are applied. From this model, the population of the compartment with the lowest self-diffusion coefficient  $D_{s1}$  depends on diffusion time  $t_d$  as [4]

$$p(t_d) = p(0) \exp\left(-\frac{t_d}{\tau}\right) \quad (11)$$

where  $\tau$  is the water molecules residence time in the cell.

The diffusional permeability  $P^{\text{eff}}$  was calculated according to previous report [11].

$$P^{\text{eff}} = k \frac{V}{S} \quad (12)$$

where  $k$  is the molecular exchange rate constant

$$k = \frac{1}{\tau} \quad (13)$$

$V/S$  is volume-to-surface ratio for cells. The dependences  $p_1(t_d)$  are shown in Fig. 6. These dependences are in good agreement to Eq. (11). The values of cell residence time of water in the cell  $\tau_1$ , exchange rate constant  $k_1$ , and permeabilities,  $P_1^{\text{eff}}$ , which were calculated from Eq. (12)

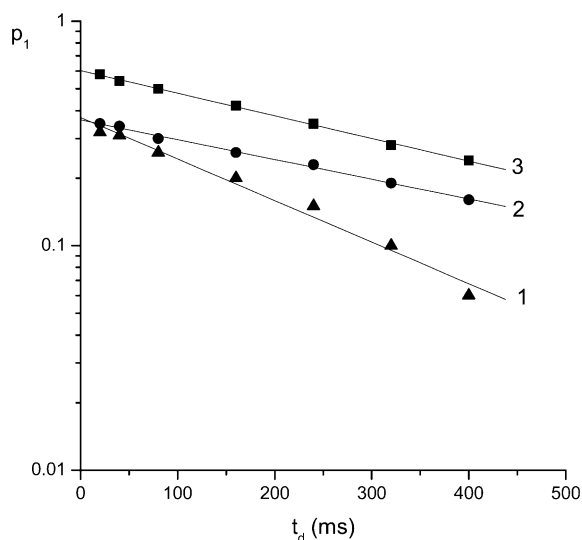


Fig. 6. The dependences of water molecules population  $p_1$  on diffusion time  $t_d$  for yeast growing for different incubation times: (1) 9 h—LGP, (2) 24 h—EGP and (3) 48 h—SGP. Solid lines represent fits to Eq. (11).

using  $V/S$  from electron microscopic data (Table 1).

There is a good agreement between the permeabilities  $P_1^d$ , obtained from the time dependence of self-diffusion coefficient  $D_{s1}$  and the permeabilities,  $P_1^{eff}$ , which is derived from the time dependence of population  $p_1(t_d)$  (Table 1). The yeast cell wall permeabilities were shown to be very sensitive to culture time. During growth, the cell wall permeability decreases about one order of magnitude from the middle exponential growth phase (9 h) to the end exponential growth phase (24 h) (Table 1).

As indicated above, the self-diffusion coefficient  $D_{s2}$ , which characterized extracellular water behavior decreased with increasing  $t_d$ . The value  $D_{s2}$ , obtained during the experiment is an apparent extracellular water self-diffusion coefficient, where intracellular and bulk water are involved because of molecular exchange. Therefore, there are two reasons of  $D_{s2}$  time dependence, the admixture of intracellular component  $D_{s1}$  into  $D_{s2}$ , and time dependence of extracellular water self-diffusion itself. As shown in Fig. 3,  $D_{s2}$  to  $D_{s1}$  ratio is over 10, and  $p_1(t_d \rightarrow 0)$  and  $p_2(t_d \rightarrow 0)$ , which may be

implicated as true populations, are nearly equal (Figs. 6 and 7). In this case, the contribution of  $D_{s1}$  into  $D_{s2}$  is negligible [11,17] and measured  $D_{s2}$  is close to true  $D_{s2}$  value. Therefore, true extracellular water self-diffusion coefficient is intrinsically time dependent and extracellular water diffusion is restricted. The size of  $D_{s2}$  restriction region  $a_2$  and permeabilities  $P_2^d$  were also estimated by applying scaling approach. As shown in Fig. 4,  $D_{s2}^{eff}(t_d)$  may be linear fitting of  $D_{02}$  and  $D_{p2}$  in Eq. (8). The calculated values  $a_2$  and  $P_2$  are in Table 2.

As shown in Fig. 7,  $p_2(t_d)$  may be approximated by Eq. (11) and the value of water residence time in the region  $a_2$  could be estimated. The values  $\tau_2$  and permeabilities  $P_2^{eff}$ , calculated from Eq. (12) are in Table 2. The values  $P_2^d$  and  $P_2^{eff}$  agreed to each other in the order of same magnitude, but larger disagreement was observed when compared to  $P_1^d$  and  $P_1^{eff}$ . So it may be concluded that on one hand, the two-compartment model gives opportunity for approximate estimation of residence time  $\tau_2$  only and on the other hand,  $V_2/S_2$  was also obtained only approximately, by assuming the sphere shape of the restricting region.

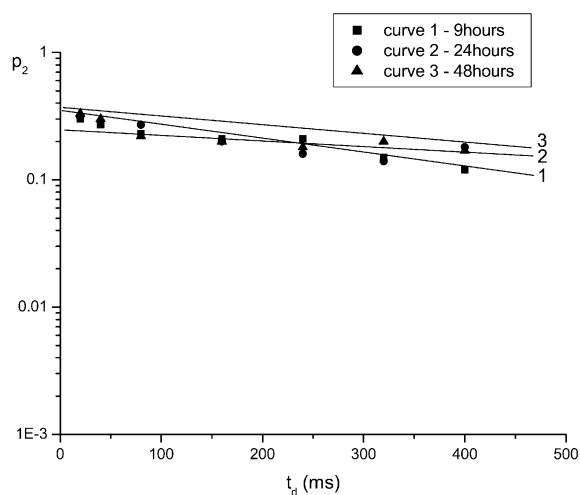


Fig. 7. The dependences of water molecules population  $p_2$  on diffusion time  $t_d$  for yeast growth at different incubation times: 9 h—LGP, 24 h—EGP and 48 h—SGP. Solid lines represent fits to Eq. (11).



It is proposed by the authors the following reason for extracellular water restriction in this system. During sample loading in NMR tube, yeast cells forms clusters in the pellet, which restricts extracellular water self-diffusion (as shown in Fig. 5(a)). In this case, the permeability, which was estimated as  $P_2$ , characterizes the connection between clusters.

#### 4. Conclusions

Water self-diffusion processes in yeast cells grown for different incubation times in aqueous suspension were investigated by PFG-NMR techniques. Three types of water were determined: bulk water, extracellular water and intracellular water. For both intracellular water and extracellular water, self-diffusion coefficients decreased with increasing diffusion time  $t_d$ , due to restricted diffusion.

The characteristic sizes of yeast cells  $a_1$  and yeast cell permeabilities  $P_1^d$  depended on growth time and were 2.3, 3.0, 2.7  $\mu\text{m}$  and  $6.3 \times 10^{-6}$ ,  $8.4 \times 10^{-7}$ ,  $1.5 \times 10^{-6}$  m/s for 9, 24 and 48 h of incubation, respectively. The values  $a_1$  characterized the inner sizes of yeast cells. From the comparison of  $a_1$  with the outer sizes of yeast cells obtained by electron microscope data, the yeast wall thickness was estimated as approximately 0.5  $\mu\text{m}$ .

The residence times and rate constants of water molecular exchange were calculated. The values of permeabilities  $P_1$  calculated from rate constants were in good agreement with the permeabilities obtained from the scaling analysis of self-diffusion coefficients time dependences.

The structural model of yeast cells distribution is proposed in study. It is suggest that yeast cells organize clusters, which restrict the external water movement. The characteristic sizes of cluster  $a_2$  were estimated as approximately 15–20  $\mu\text{m}$ . The values of permeabilities  $P_2$ , which characterize the connection between clusters, were estimated as  $10^{-5}$  m/s.

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